

# Programme

## GreenHealth Conference



**Monday 11 March (10:00 – 16:30)**

**Edinburgh Training & Conference Venue, 16 St. Mary's Street, Edinburgh, EH1 1SU**

The GreenHealth conference will present the findings from the four-year Scottish Government funded research programme which investigated the contribution of green and open space to public health and wellbeing. This free event will provide opportunities to hear from the lead researchers and to consider the implications of the findings for policy and practice.

**9:15 Registration and coffee**

**10:00 Welcome**

Pam Whittle, Chair of greenspace scotland

**10:10 The Green Health research programme**

Prof George Morris, Consultant in Ecological Public Health

**10:25 More green, better health?**

Exploring the relationship between greenspace and population health in Scotland: mortality, morbidity and mental health

Prof Richard Mitchell, University of Glasgow

**10:55 Take a break! Escaping everyday stresses in greenspace**

Using household surveys to investigate the links between greenspace and residents' mental health and wellbeing in deprived urban neighbourhoods

Prof Catharine Ward Thompson, OPENspace, University of Edinburgh

**11:15 Stress and the city**

New methodologies for measuring the impact of greenspace

Dr Jenny Roe, Heriot Watt University

**11:35 Questions to the panel**

**11:50 How does it make you feel?**

A participatory experiment looking at greenspace and wellbeing

**12:20 Lunch**

**13:20 How did it make you feel?**

Reporting back on the participatory experiment

**13:35 Do you see what I see?**

Using a visual ethnographic approach to explore the social wellbeing benefits of greenspace

Dr Liz Dinnie, James Hutton Institute

The GreenHealth research programme partners:



The James  
**Hutton**  
Institute



University  
of Glasgow



Supported by:



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#### 14:00 **Parallel sessions** (*please select one*)

- **Greenspace mapping, modelling and visioning**  
Prof David Miller, James Hutton Institute
- **Blue Space, Blue Health**  
Dr Jenny Roe, Heriot Watt University
- **Good places, better health for children**  
Speaker TBC

#### 14:35 **Coffee break**

#### 15:00 **So what? Developing recommendations for policy, practice and research**

Prof David Miller, James Hutton Institute

Presentation followed by participatory session and discussion

#### 16:00 **Towards a mentally flourishing, healthy, and active Scotland**

Speaker TBC

#### 16:20 **Concluding remarks**

#### 16:30 **Conference ends**

### Registration information

To book a place at the GreenHealth conference, please download and complete a [booking form](#)

### Location

For details of how to get to the Edinburgh Training and Conference Venue, please visit the [venue's website](#)

### More information?

If you would like more information about how to register or the conference programme please contact [Jane.Lund@hutton.ac.uk](mailto:Jane.Lund@hutton.ac.uk) or [ea.o'neill@greenspacescotland.org.uk](mailto:ea.o'neill@greenspacescotland.org.uk)

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