

# Soil Health Profile



## Sandy

---

**Age:**  
Younger than most Scottish soils

**Address:**  
By the sea

**Preferred Occupation:**  
Golfer/crofter

**Height/Weight:**  
Usually healthy, but height can suddenly change

**Colour:**  
Yellow

**Personality:**  
Prone to breakdown

**Notes:**  
The patient displays a gritty determination and a very dry sense of humour, but if disturbed he displays signs of instability and should be handled with care.

**Health advice:**  
Sandy the golfer requires nutrition and frequent minor operations with cutting implements whereas his cousin, Machair, from the Western Isles, requires more natural remedies such as the addition of seaweed and his annual hair cut.