**Step by Step Instructions for Making a Bottle Wormery**

1. Cut the top off a clear plastic drinks bottle (3 or 5 litre size is perfect). P.S. If doing this yourself please use ‘safe scissors’!

2. Punch holes in the bottom for good drainage. (worms don't like waterlogged soil). P.S. Be careful with puncher!

3. Put a 30mm layer of horticultural grit or sand in the bottom (this helps drain the soil). P.S. Please wear gloves.

4. Add about 20mm shredded or torn moistened newspapers (recycling too!).
5. On top of this put a 100mm layer of compost. P.S. Please wear gloves.

6. Add some more dampened shredded paper.

7. Add your worms on top in their new home. P.S. Please wear gloves.

8. Cover wormery with fine mesh held in place with an elastic band and place on saucer for drainage water.

Cover with black plastic in a dark, cool and moist environment – but not too much water!

Supply with small pieces of moist vegetable and fruit scraps (but no onions or citrus fruits)

They also like soaked and ripped brown cardboard!

For H&S reasons we advise parents to heed safety tips.