

Bacteria and our food

Dr. Nicola Holden

Some bacteria cause disease in plants, such as potatoes and tomatoes. This means that the crop needs to be destroyed and cannot be sold.

Bacteria that cause disease are called PATHOGENS

Some bacteria are used to make foods, like yoghurt and cheese. Others are even good for our health to promote a healthy immune system.



Some food-borne bacteria are harmful to us. They are found on a wide variety of foods from meats to fruit and vegetables. Most can be destroyed by cooking.

Scientist called food microbiologist are involved in all stages of food production. You can find out more about bacteria in our food from these web sites:
www.sfam.org.uk
www.yakult.co.uk
www.sgm.ac.uk